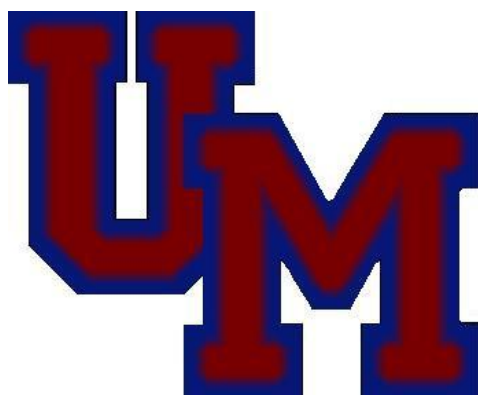


UNION MINE JR. RATTLERS FOOTBALL & CHEER



2011 FOOTBALL & CHEER REGISTRATION PACKET

~ UNION MINE JR. RATTLERS FOOTBALL AND CHEER ~

WWW.JRRATTLERS.ORG

4600 MISSOURI FLAT RD., SUITE 8
PLACERVILLE, CA 95667
(530) 224-8999

2011 JR. RATTLERS FOOTBALL & CHEER REGISTRATION FOOTBALL PLAYER OR CHEERLEADER / PARENT CONTRACT

PARENT(S)/GUARDIAN(S) RESPONSIBILITY:

The support of parents is essential to the success of any youth program. This support, however, should be of the off-field variety in such activities as fundraising, volunteer hours, equipment maintenance and team sponsorship.

The Union Mine Jr. Rattler organization is comprised entirely of volunteers. Coaches, administrators and other volunteers spend time in the off-season, as well as during the season, to provide a football /cheer program for children. Overzealous but well-meaning parents can cause problems if they are not familiar with the policies and philosophies of youth football/cheer. Consequently, the Union Mine Jr. Rattler organization has rules concerning the conduct of parents. Please initial each point:

1. Good citizenship and sportsmanship are musts. Any parent, player, cheerleader or sibling who behaves inappropriately, uses vulgarity, or in any way causes a physical altercation, will be subject to board action up to and including expulsion from the program. Derogatory statements toward game officials or the opposing team are prohibited and may result in the forfeiture of a game as well as expulsion from the Union Mine Jr. Rattler organization. Parents are responsible for the behavior of their invited guests – friends, family members, etc. (____)(____)
2. Parents (except parent-coaches) are never allowed on the practice field during practice. Parents are not allowed on the sidelines, playing field or in locker rooms at games. All spectators must remain in the stands. Only players, cheerleader, coaches, and appointed association officials may be on the sidelines or on the track in front of the stands during games. (____)(____)
3. A positive mental attitude, free from parental pressures, is an important ingredient for the success of any children participating in the program. Parents should refrain from open criticisms, especially in the presence of other players/cheerleaders in the program, coaches, or any personnel connected with the organization. (____)(____)
4. Parents/Guardians should encourage attendance at all practice sessions. Absences impede a player/cheerleader's progress and hurt the team overall. Missing practice is a prime cause for not playing in a game and can lead to suspension from the team for repeated occurrences. Missing practices should be limited to illness or serious injuries; players/cheerleaders with minor injuries, although not able to participate in full contact, can still benefit from observing practices. (____)(____)
5. All questions or problems should be directed to a Union Mine Jr. Rattler representative. Coaches should never be interrupted during practice. Coaches should be contacted before or after practices for individual problems or questions. (____)(____)
6. Parents/Guardians are responsible for getting players/cheerleaders to and from all games and practices. (____)(____)
7. The Union Mine Jr. Rattler organization cannot be held responsible for the health and welfare of unattended children at practices and games. Siblings of players/cheerleaders will not be supervised. (____)(____)
8. Parents/Guardians accept complete financial responsibility for their child's participation in the Union Mine Jr. Rattlers football/cheer program. This responsibility includes mandatory participation in the fundraising program and volunteer hours, the payment of all fees, and the timely return of equipment, fully cleaned and in a condition of reasonable wear from use, free from excessive damage. Equipment that is lost or stolen will be paid for at current market replacement value. (____)(____)
 - a. I hereby agree to pay all required registration fees, and I understand that my child will not be allowed to play football or cheer unless all fees are paid by the first day of practice. (____) (____)
 - b. I hereby understand that the Union Mine Jr. Rattler program is run solely by volunteers, and I will commit at least 10 hours of volunteer time per child per family per season (20 hours maximum per family) to help make my \$50 security deposit will not be returned in full, and my child may not be able to participate in the program the following year. (____) (____)
 - c. **Football Players Only:** I hereby agree to return my football equipment (helmet, pads, pants, girdle, practice jersey) at the end of the season in good condition or my \$100 security deposit will not be returned in full. (____) (____)
9. Parents/Guardians should understand that their personal medical insurance will be the primary carrier should any injury result from their child's participation. Any insurance provided by the Union Mine Jr. Rattler organization is classed as a secondary carrier and is subject to an annual deductible. (____)(____)

**SACRAMENTO YOUTH FOOTBALL (“SYF”)
CODE OF CONDUCT**

AS A PARENT, COACH, or ADMINISTRATOR, I hereby pledge to provide positive support, care, and encouragement for my child and/or the athletes in youth sports by following this Code of Ethics & Conduct:

- (1) I will encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every game, practice, or other youth sports event.
- (2) I will insist that my child and/or the athletes play in a safe and healthy environment.
- (3) I will require that my child’s coaches, or those with whom I am working, be trained in the responsibilities of being a youth sports coach and that coaches uphold this Code of Conduct.
- (4) I will support coaches and officials working with my child and/or participant athletes, in order to encourage a positive and enjoyable experience for all in a sports environment that is free from drugs, tobacco, and alcohol and I will refrain from their use at all youth sports events.
- (5) I will remember that the game is for youth participants and athletes - not the adults.
- (6) I will do my very best to make youth sports fun for my child and the athletes recognizing that winning is not the goal - teaching my child and the athletes the importance of team work and discipline is first and foremost. I will ask my child and the athletes to treat other players, coaches, fans, and officials with respect regardless of race, sex, creed or ability and I will refrain from cursing, vulgar language and any other detrimental or unsportsmanlike conduct in person or via social networking sites.
- (7) I will help my child and the athletes enjoy the youth sports experience by doing whatever I can, such as being a respectful fan, assisting with coaching, or providing transportation.
- (8) I will read the National Standards For Youth Sports and do what I can to help all youth sports organizations implement and enforce them.

AS AN ATHLETE AND PARTICIPANT IN SACRAMENTO YOUTH LEAGUE, I understand commitment, hard work and dedication will be required by me before I can wear the colors of the team. Once I have tried out and made the team/squad, I have accomplished an achievement for which I can be proud. Being a member of the team means much more than just learning about and playing football or being a cheerleader. As an athlete, both on and off the field, I am a representative of the association and expected to act accordingly no matter what the circumstances.

- (1) I understand as an Athlete I am to maintain an academic standard at 2.0 (C average) with no “F” grades during the season or risk being benched or dismissed from the Organization. Grade checks may be performed at random.
- (2) I understand I am to maintain good citizenship. Fighting, misconduct, vulgar or derogatory language, cursing, or disrespect can lead to being dismissed from the Organization. Any athlete who has an altercation at school or with law enforcement authorities or is observed displaying conduct (Anytime, Anywhere) below the acceptable standards of an athlete may face dismissal from the Organization or SYF. This includes proper and respectful use of social networking sites.
- (3) I understand Athletes are responsible for notifying their coach if they will be absent from a practice or game prior to the start of the game/practice. Missing a practice or game will hurt both my team/squad and may be reason for not playing in games. If I have too many absences, I may be dismissed from the Organization. Tardiness is also not accepted and may result in disciplinary action.
- (4) I am expected to come to practices and games prepared and ready to give 100%. At the discretion of the coach, an athlete may be benched at a practice or dismissed because of too many absences, not giving 100%, not knowing plays or routines, being out of condition or not following the rules of the Organization.
- (5) I will treat all coaches, teammates, officials, and adult authority figures with respect.
- (6) I am responsible for the maintenance of my equipment and uniforms. Uniforms must be washed on a regular basis. I will report all equipment problems to my coach immediately. If I lose my uniform or equipment I am financially responsible to replace it. I must wear a protective mouthpiece in all practices or games. The mouthpiece must be attached via a tether to the facemask on the helmet.
- (7) I agree to follow all general rules in accordance with SYF, Union Mine High School, and my team Organization.

ALL PARENTS/GUARDIANS MUST SIGN. I/We, have read, understand, agree, and will abide by the above. I/We have voluntarily signed, understanding if I violate this Code of Conduct I am subject to immediate termination or suspension from SYF.

Print Name	Parent/Guardian Signature	Date
Print Name	Parent/Guardian Signature	Date
Print Name	Coach/Administrator Signature	Date
Print Name	Athlete’s/Participant’s Signature	Date

SACRAMENTO YOUTH FOOTBALL

AMATEUR ATHLETIC WAIVER AND RELEASE OF LIABILITY (READ BEFORE SIGNING)

In consideration of being allowed to participate in any way in the **SACRAMENTO YOUTH FOOTBALL** (“SYF”) league (football and cheer programs) and the **JR. RATTLER YOUTH FOOTBALL & CHEER PROGRAM**, related events and activities, the undersigned acknowledges, appreciates, agrees, and covenants that:

The risk of injury from the activities involved in this program are significant, including the potential for, but not limited to, falls, slips, sprains, broken bones, contact with other players, paralysis, sudden death, injuries from pot-holes, standing water and other conditions of the field, along with humidity, heat, cold, and other weather conditions inherent to a game played outdoors; we understand that while particular rules, equipment may reduce these risks, the risk of serious injuries still does exist.

I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, **EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES** or others, and assume full responsibility for my participation or as the parent/guardian of the participant minor child.

I willingly agree to comply with all of the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my participation, in or near by presence, I will remove myself from participation and/or proximity of the hazard and bring it to the attention of the nearest official immediately; I also consent to having my likeness, image, picture, or videos of myself or my child/minor used in any advertising or promotion by the SYF without compensation.

I, for myself, and on behalf of my spouse, executor, heirs, assigns, personal representations, and next of kin, **HEREBY RELEASE, AND SHALL HOLD HARMLESS & INDEMNIFY SYF, THE JR. RATTLER YOUTH FOOTBALL & CHEER PROGRAM, UNION MINE HIGH SCHOOL**, game site host, their agents, assistants, officials, volunteers, medical personnel, officers, employees, sponsoring agencies, sponsors, advertisers, owners or lessors of any premise used to conduct the event (known herein as **RELEASEES**), **WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH**, or loss, or damage to person or property, **WHETHER ARISING FROM NEGLIGENCE OF THE RELEASEES OR OTHERWISE, and FURTHER AGREE & PROMISE TO INDEMNIFY and HOLD HARMLESS THE RELEASEES** from any and all claims, liabilities, damages, and expenses (including attorneys’ fees and costs incurred) in any proceeding to enforce or defend this Waiver and Release (Venue to be Sacramento, California).

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT. I FULLY UNDERSTAND ITS TERMS. I UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND I SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT OR INFLUENCE.

Participant’s Signature _____ Date Signed _____

Print Participant’s Name Here _____ Print Team Name _____

(1) Parent or Guardian’s Signature _____ Date Signed _____

(1) Print Name of Parent/Guardian Here _____

(2) Parent or Guardian’s Signature _____ Date Signed _____

(2) Print Name of Parent/Guardian Here _____ (Eff.3/2010)

HEALTH HISTORY / CONSENT FOR MEDICAL TREATMENT

CHILD'S INFORMATION

Your child will not be able to participate in Football or Cheer Try-outs/Clinics/Practices/Games or Competitions until completed form is submitted.

Child's Name _____ DOB: _____ Age (as of 8/1): _____

Address: _____ City/State/Zip: _____

Home Phone #: _____ Family Emergency #: _____

HEALTH HISTORY

Insurance Company: _____ Policy/Group#: _____

Doctor: _____ Phone #: _____

Dentist: _____ Phone #: _____

List medical allergies or limitations: _____

List medication currently taking: _____

List any previously broken bones: _____

PARENTAL CONSENT FOR MEDICAL TREATMENT

In the event of an emergency, if a parent or guardian cannot be reached, I/We give permission for Sacramento Youth Football (SYF) and/or Union Mine Jr. Rattler authorities to render first aid and, when deemed necessary, secure medical care and/or transportation at my/our expense. In addition, I waive and release SYF and Union Mine Jr. Rattlers from any and all claims and causes of action arising from or concerning any and all injuries, illness, losses, or damages which my child may have as a result of, or in connection with, my child's participation in the Union Mine Jr. Rattlers Football/Cheer Program.

This authorization shall remain in effect for the entire SYF season including clinics, camps, try-outs, practices, games, and playoffs unless revoked in writing and delivered to Union Mine Jr. Rattlers. I/We understand that SYF, Union Mine Jr. Rattlers, local team organizers, coordinators, and coaches assume no liability of any nature in relation to the treatment and/or transportation rendered.

Both parents' names (please print): _____

Parent Signature: _____

(Parent Signature represents all parents/guardians)

2011 JR. RATTLERS FOOTBALL & CHEER REGISTRATION

MEDICAL CLEARANCE EXAMINATION

Participant's Name: _____

This examination does not constitute a complete medical examination. It does, on this date, based upon my observations, meet the requirements for this child to participate in the following:

Tackle Football Yes No Cheerleading Yes No

Any known allergies or limitations: _____

Remarks: _____

Physician's Name: _____

Physician's Signature: _____

Address: _____

Phone Number: _____

Date: _____